Enjoy a month of mitzvot with your family. Just print this checklist and try a new activity each day. There are 30 activities total – that’s one for each day of the month – to inspire your family to do a mitzvah each day.

- Clean out the closet and donate clothes you don’t wear (clothing the needy, tzedakah)
- Make a “Get Well Card” for a friend who doesn’t feel well (visiting the sick)
- Help a bug find its way outside (kindness to animals)
- Help a parent with a chore (respecting parents)
- Compliment somone (respect, joy)
- Make a bird feeder (kindness to animals)
- Interview a grandparent, aunt, or uncle, and write down their story (passing on traditions, honoring elders)
- Write “thank you” notes (gratitude)
- Put toys away (peace in the home, honoring parents)
- Turn old t-shirts into something new, like a grocery bag or pillow (not wasting needlessly)
- Count your blessings (gratitude)
- Collect canned goods for a food bank (feeding the hungry)
- Call someone who might be lonely (kindness)
- Plant flowers for pollinators (caring for the environment)
- Learn to compost (not wasting needlessly)
- Tell a joke to someone and make them laugh (joy, creativity)
- Hang a thank you sign on your door for the mail carrier (gratitude, joy)
- Invite someone to join you for dinner by video (kindness)
- Draw a cheerful sidewalk chalk message (kindness, creativity)
- Make cards for isolated seniors (kindness, honoring the elderly)
- Make origami hearts to send to loved ones (kindness, creativity)
- Send a food delivery gift card (kindness, feeding the hungry)
- Start your meal with a gratitude circle (gratitude)
- Design and hang peace flags (peace, creativity)
- Show love for a local business (buy a gift card or leave an online review) (community)
- Grow windowsill plants from vegetable scraps or seeds (caring for the environment)
- Paint rocks and put outside for neighbors (kindness, creativity)
- Sing a song for your neighbors from your window or porch (joy, community)
- Tell your family members one thing you love about them (kindness, peace in the home)
- Prepare a snack for a family member (peace in the home, honoring parents)